

Health & Fitness



PURE PILATES OPENS ITS DOORS — Pure Pilates, a new full service Pilates studio offering private, duet, tower and mat classes, officially opened its doors at an open house on Sunday, Dec. 2. "My philosophy is to inspire life from the core," says Pure Pilates owner, Carol Crincoli. "I am happy to be able to introduce the residents of New Providence and the surrounding areas to the Pilates Method of exercise." At the event are from left, guest Vicki Somoya of Montclair; Pure Pilates owner Carol Crincoli of Linden; Pure Pilates instructor Diana Schlobohm of Chatham; and guest Karla Lightfoot of New York City. Visit www.purepilatesnj.com or call 908-286-1100.