

Wednesday, November 12, 2008

Pure Pilates is growing strong

NEW PROVIDENCE — Pure Pilates, a full service Pilates studio at 133 Gales Drive, is celebrating its first anniversary of offering mat, machine and tower classes for both group and private instruction.

“It has always been my goal to inspire life from the core,” said Carol Crincoli, owner of Pure Pilates. “This first year has been an amazing experience. My instructors and clients inspire me everyday.”

For more information, visit the studio or the web site at www.purepilatesnj.com or call 908-286-1100.